

Relationships and Sex Education (RSE)

Parent Workshop 23.01.2018



What is RSE? (or SRE)

- ▶ Part of the PSHE (Personal, Social, Health and Economic) curriculum
- ▶ What is the purpose?
 - Prepare children for adult life
 - Teaches skills to manage physical and emotional changes
 - Teaches skills needed to develop healthy relationships
 - Teaches skills to develop positive, healthy relationships
 - Supports moral development – helping children to understand themselves and respect and care for others

RSE is not about...

- ▶ encouraging sexual experimentation
- ▶ taking away a child's innocence
- ▶ over-ruling the wishes and rights of parents

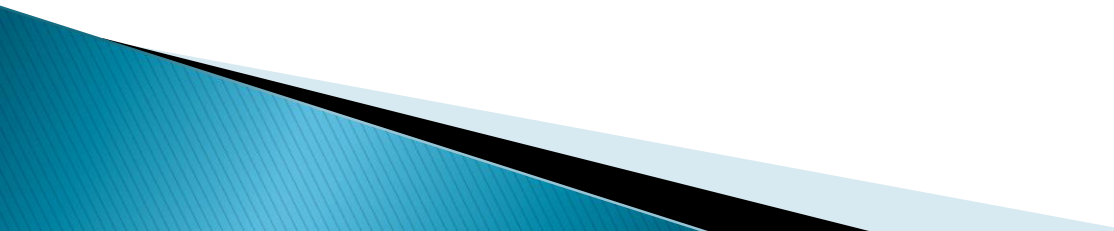
Parents have the right to withdraw their children from sex education lessons at present (but not from sex education that is part of the science curriculum).

What is covered in PSHE?

- ▶ The programme of study covers Key Stages 1 to 5 and is based on three core themes within which there is broad overlap and flexibility:
 - Core theme 1. Health and Wellbeing
 - Core theme 2. **Relationships**
 - Core theme 3. Living in the Wider World

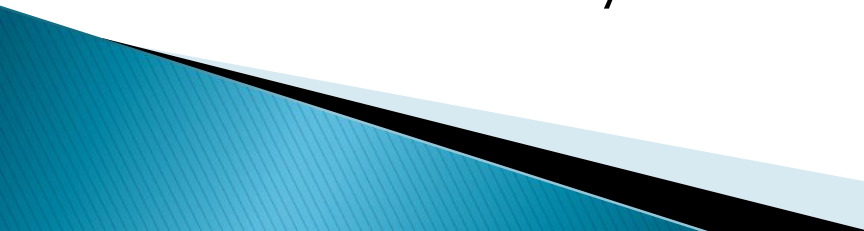
RSE – what is covered at KS1 and KS2?

The focus is on:

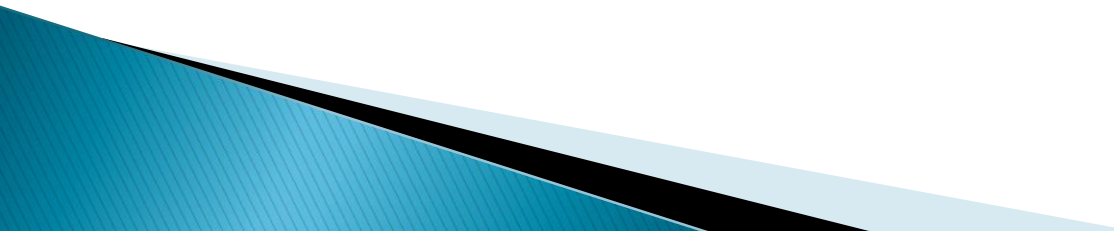
- how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
 - how to recognise and manage emotions within a range of relationships
 - how to recognise risky or negative relationships including all forms of bullying and abuse
 - how to respond to risky or negative relationships and ask for help
 - how to respect equality and diversity in relationships
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RSE – what is covered at KS3?

The focus is on:

- ▶ 1. how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting skills
 - ▶ 2. how to recognise and manage emotions within a range of relationships
 - ▶ 3. how to deal with risky or negative relationships including all forms of bullying (including the distinct challenges posed by online bullying) and abuse, sexual and other violence and online encounters
 - ▶ 4. about the concept of consent in a variety of contexts (including in sexual relationships)
 - ▶ 5. about managing loss including bereavement, separation and divorce
 - ▶ 6. to respect equality and be a productive member of a diverse community
 - ▶ 7. how to identify and access appropriate advice and support
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Parent Activity

- ▶ Match the learning objective with the Year Group or Key Stage in which it is taught.
 - ▶ Early Years 2 or Reception – 4–5yrs old
 - ▶ Key Stage 1 – 5–7yrs old
 - ▶ Key Stage 2 – 8–11yrs old
 - ▶ Key Stage 3 – 11–14yrs old
 - ▶ Key Stage 4 – 14–16yrs old
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'SRE in the 21st Century'

- ▶ What are our children...
 - thinking about?
 - worrying about?
 - exploring on-line?
 - being sent by their friends?
 - sending to their friends?
 - saying to their friends?
 - saying to strangers?

Useful websites

- Brook Advisory
- PSHE Association

<https://www.pshe-association.org.uk/system/files/SRE%20for%20the%2021st%20Century%20-%20FINAL.pdf.pdf>

www.parentchannel.tv



DfE – Consultation

- Plans for Relationship Education in Primary Schools

<https://www.gov.uk/government/news/schools-to-teach-21st-century-relationships-and-sex-education>

Consultation – have your say!

<https://www.pshe-association.org.uk/curriculum-and-resources/resources/department-education-pshe-and-rse-consultation-get>