

Working in partnership STAGS, St Albans Plus and DSPL7 would like to invite parents and professionals to.....



The Wellbeing Village

Thursday 18th October 2018 – 2.30pm – 7pm

St Albans Girls' School

A village of professionals dedicated to providing external support to children and families in need of wellbeing/mental health support. Come and talk to the professionals and/or sign up for a specific talk/workshop, led by accredited professionals in the field of mental health and wellbeing.

Step 2, St Albans Plus, Families First, The Ollie Foundation, The Wellbeing Team, Eating Disorders Team, St Albans LGBT, School Health/nursing, YCHerts, Youthtalk, Police, SEN Team, Missing People, ADD-Vance, Mind, Herts Young Homeless, SARC, Educational Psychology, ESMA, Families Feeling Safe, How to Thrive, Families in Focus, and many more...

Please do come along at any time and talk to professionals in the village or to book onto the talks/workshops below please e-mail Sally Molloy at sjm@stags.herts.sch.uk. Workshops/talks will run at 4pm, 5pm and 6pm and run for 45 minutes. Access to the village and all workshops/talks are free of cost. Refreshments will be available to purchase from our Restaurant.

We look forward to seeing you there!

WORKSHOPS/TALKS	Dads and Teens	Spot the Signs (Suicide prevention/ awareness)	Risk taking behaviour in Young people - how to spot the signs	Autism and Mental Health	WORKSHOPS/TALKS
	Eating Disorders	The Ollie Foundation	Building Resilience in Young People	Bereavement - Supporting families	
	Transgender young people	My LGBTQ+ Teen	Strategies to support young people with ADHD	Low Mood in Young People	
	Anxiety in Young People	Managaing Self Harm			

