

# TALKING FAMILIES



Because parents don't get training for the toughest job on earth!



**THURSDAYS**  
**16th and 23rd May,**  
**6th, 13th, 20th & 27th June 2019**  
**9.30 - 11.30am**

Our **FREE** 6 week course for parents and carers of children aged 0-12 will help you to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**

'It was a brilliant course and has made a huge difference'

## **FLEETVILLE FAMILY CENTRE**

Adjacent to Fleetville School  
**Woodstock Road South**  
**St Albans AL1 4QJ**

'It has taught me new skills to deal with family life'

### **Pre-booking essential**

To check eligibility and book a place, contact Supporting Links on:

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**

**QUOTING REFERENCE SL318**



This course is provided free to parents by Hertfordshire County Council