

SPACEHERTS@GMAIL.COM



WWW.SPACEHERTS.ORG.UK



# SPACE MINDFULNESS



## CHILDREN / YOUNG PEOPLE WITH SEND AND SIBLINGS WELCOME

Part funded by SPACE - 5 week block booking paid in advance - £35  
Please email [spaceherths@gmail.com](mailto:spaceherths@gmail.com) to book your places.

June's Room  
The Jubilee Centre  
Catherine Street  
St Albans  
AL3 5BU

### DATES:

Thursday 25<sup>th</sup> April 2019  
Thursday 2<sup>nd</sup> May 2019  
Thursday 9<sup>th</sup> May 2019  
Thursday 16<sup>th</sup> May 2019  
Thursday 23<sup>rd</sup> May 2019

PRIMARY AGE - 4PM-5PM

MIXED AGES - 5PM-6PM

SPACE is a charity supporting Parents/Carers in Hertfordshire of children and young people on the Autistic Spectrum, ADHD or related conditions

We meet up once a month (*term time only*)  
at each of these locations across Hertfordshire:

**Bishop Stortford, Cheshunt, Croxley Green, Hatfield, Hoddesdon,  
St Albans, Stevenage, Ware and Welwyn Garden City**

If you would like more information please check our **website**, contact the **SPACE** team by **email** or find us on **Facebook** under the name of **SPACE**



**SUPPORTING FAMILIES IN HERTFORDSHIRE - AUTISM . ADHD . RELATED CONDITIONS**

REGISTERED CHARITY ENGLAND AND WALES NO: 117 2178