



Families in Focus CIC

"Passionate about empowering parents"

A Complete Guide to Parenting Children with ANY Special Education Need

This course is free to any parent living in Hertfordshire and caring for a primary aged child awaiting diagnosis or with a diagnosis of Autism, ADHD, etc.

Lesley & Francine are parents and experienced & qualified trainers.

Topics included:

- ✓ Gain greater understanding and answer the question, *'Why does my child do that?'*
- ✓ Learn a range of strategies & solutions, to better manage behaviours that challenge.
- ✓ Gain more understanding of anger triggers and strategies to reduce angry meltdowns.
- ✓ Learn how to support siblings living with a sister/brother with additional needs/challenging behaviours.
- ✓ Learn communication techniques to reduce 'emotional traffic jams' and improve your child's emotional wellbeing and regulation
- ✓ Techniques to manage stress, conflict and so much more....

"I would highly recommend all parents of children with Autism go on this course - you'll be amazed how much you learn, and it's great that both Lesley and Francine are parents who so really do understand."

"Parent of a child with Autism"

Where:

Maple Room
Fleetville Junior School
228 Hatfield Road,
St Albans,
AL1 4LW.

When:

Tuesdays

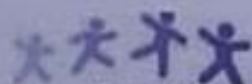
7-9pm

September 10, 17, 24

October 1, 8, 15, 22, 29

November 5, 12

Funded by Hertfordshire
County Council



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To book your free place on our award winning parenting course contact Francine & Lesley:

Book direct: bookings@familiesinfocus.co.uk
or

Book via website: www@familiesinfocus.co.uk