

Physical Education Overview

	Autumn One		Autumn Two		Spring One		Spring Two		Summer One		Summer Two	
EYFS	Movement Levels, styles and speeds		Movement <i>Level, styles and speeds</i>		Movement <i>climbing</i>		Fundamental Skills <i>Throwing and Catching (Hands)</i> <i>Ball games</i>		Games – Fundamental Skills <i>Kicking and passing (Hands)</i> <i>Ball games</i>		Fundamental Skills <i>Co-ordination – striking and aiming</i>	
Year One	Gymnastics	Games – Fundamental Skills <i>Throwing and Catching (Hands)</i>	Dance	Games – Fundamental Skills <i>Dribbling and Passing (Feet)</i>	Games – Fundamental Skills <i>Bench ball</i>	Dance	Games – Fundamental Skills <i>Stick and Ball Skills: Dribbling and Passing (Hockey)</i>	Health Related Exercise	Gymnastics	Health Related Exercise (Yoga)	Athletics	Athletics
Year Two	Gymnastics	Games – Fundamental Skills <i>Dribbling and Passing (Feet)</i>	Gymnastics	Games – Fundamental Skills <i>Football (5-a-side)</i>	Dance	Health Related Exercise	Games – Fundamental Skills <i>Netball (Passing and possession games only)</i>	Dance	Games – Fundamental Skills <i>Net and Wall: Tennis</i>	Athletics	Athletics	Health Related Exercise
Year Three	Basketball	OAA	Hockey	Gymnastics	Football	Dance	Tennis	Self-Made Games <i>(Applying Principles of Attacking and Defending)</i>	Athletics	Dance	Cricket	Health Related Exercise
Year Four	Netball	OAA	Gymnastics	Speed Staking	Tag Rugby	Self-Made Games <i>(Applying Principles of Attacking and Defending)</i>	Dance	Tri-golf	Swimming	Athletics	Swimming	Athletics
Year Five	Swimming	Hockey	Swimming	Netball	Swimming	Gymnastics	Swimming	Dance	Cricket	Athletics	Rounders	Athletics
Year Six	Tag Rugby	OAA <i>(including residential visit)</i>	Basketball	Cross-Country	Football	Hockey	Tennis	Health Related Exercise	Athletics	Gymnastics	Rounders	Dance