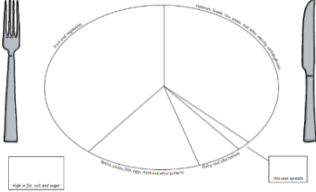



**Bowmansgreen Primary School**  
**Year 3 – Home Learning Grid**  
**Spring Term 1**



Choose one Home Learning activity to complete each week. You can choose which task to complete and the order in which you do so. Once you have completed an activity, please ask a parent/carer to initial and date in the appropriate space. You may wish to include photographs of larger pieces of work and/or practical activities. Home learning is to be handed in by Tuesday each week.

<p style="text-align: center;"><b>Task One</b></p> <p>Watch this BBC video and learn about the different food groups which make up a balanced diet.  <a href="https://www.bbc.co.uk/bitesize/topics/zrffr82/articles/zppvv4j">https://www.bbc.co.uk/bitesize/topics/zrffr82/articles/zppvv4j</a></p> <p>Then, draw a plate showing a healthy, balanced meal with the four different food groups: carbohydrates, fibre, protein, and fats.</p>  <p><b>Challenge!</b>  Write 3 sentences to go with your plate, explaining why your meal is healthy and balanced. Explain also why it is important to have a balanced diet.</p> <p><b>Parent/carer signature and date:</b>  .....</p>	<p style="text-align: center;"><b>Task Two</b></p> <p>In RE we are learning about symbols, actions and artefacts that help communities to live together. We would like you to research the 5 Ks of Sikhism and what they mean to Sikhs. Watching the video below, make a poster about the 5 Ks.  <a href="https://www.bbc.co.uk/programmes/p02mx5lv">https://www.bbc.co.uk/programmes/p02mx5lv</a></p> <p>Remember to include a title, drawings or images of the 5 Ks, labels and a description of what each of the 5 Ks represent.</p> <p><b>Challenge!</b>  Compare the symbols, actions and artefacts from Sikhism to Christianity. What does the bread and wine mean for Christians? What do they represent? Add this to your poster.</p> <p><a href="https://www.bbc.co.uk/teach/class-clips-video/what-is-holy-communion/zifit39">https://www.bbc.co.uk/teach/class-clips-video/what-is-holy-communion/zifit39</a></p> <p><b>Parent/carer signature and date:</b>  .....</p>	<p style="text-align: center;"><b>Task Three</b></p> <p>In Geography, we are learning about how the towns and cities of the UK first developed. Find out more about the meaning of place names in your area using a dictionary of place names, or the internet.  <a href="https://en.wikipedia.org/wiki/St_Albans">https://en.wikipedia.org/wiki/St_Albans</a> and <a href="https://kids.kiddle.co/St_Albans">https://kids.kiddle.co/St_Albans</a> Can you work out who might have been the settlers in your area? Write a paragraph to explain what you have found.</p> <p><b>Challenge!</b>  Many towns have standards or coats of arms that link to their original name and purpose as a settlement. Find out about the coat of arms for where you live. This website might help. <a href="https://www.heraldry-wiki.com/heraldrywiki/index.php/Saint_Albans_RDC">https://www.heraldry-wiki.com/heraldrywiki/index.php/Saint_Albans_RDC</a> Does it fit with what your area is famous for now? Can you design a more up-to-date one?</p> <p><b>Parent/carer signature and date:</b>  .....</p>	<p style="text-align: center;"><b>Task Four</b></p> <p>Our school value for this half term is <i>friendship</i>. Create a six-box comic strip which tells a story about someone being a good friend. Think about what friendship looks like, sounds like and feels like. For example, friendship might look like smiling and sharing, sound like giving compliments and feel like happiness and knowing you are not alone.  <a href="https://www.kidscape.org.uk/advice/advice-for-young-people/friendships-and-frenemies/what-makes-a-good-friend/">https://www.kidscape.org.uk/advice/advice-for-young-people/friendships-and-frenemies/what-makes-a-good-friend/</a></p> <p><b>Challenge!</b>  What makes you a good friend? Write down five qualities you possess and why they are important. Give some examples of your own positive actions or comments to others.</p> <p><b>Parent/carer signature and date:</b>  .....</p>
<p style="text-align: center;"><b>Task Five</b></p> <p>In Spanish, we are learning about musical instruments and the masculine and feminine articles, <i>el</i>, <i>la</i> and <i>los</i>. Use the poster below to help you sort the instruments into <i>el</i>, <i>la</i> and <i>los</i> columns and illustrate with pictures.</p> <p><b>Challenge!</b>  Can you put the instruments together into the right sections of an orchestra?</p>  <p><b>Parent/carer signature and date:</b>  .....</p>	<p style="text-align: center;"><b>Task Six</b></p> <p>In Science, we are looking at nutrition and the importance of a healthy diet. Design a poster to encourage children at Bowmansgreen to bring in a healthy packed lunch. Your poster should include a slogan, for example, <i>Eat Healthily</i> or <i>Is your packed lunch healthy?</i> It should also include a picture of what a healthy packed lunch looks like. Perhaps give examples of some of the foods which would make up a healthy packed lunch.</p> <p><b>Challenge!</b>  Explain why it is important for children to eat healthily and why food is important for the body.</p> <p><b>Parent/carer signature and date:</b>  .....</p>	<p style="text-align: center;"><b>Task Seven</b></p> <p>In D&amp;T, we are learning about eating seasonally. Using this website,  <a href="https://www.nationaltrust.org.uk/discover/gardening-tips/guide-to-seasonal-food#rt-january">https://www.nationaltrust.org.uk/discover/gardening-tips/guide-to-seasonal-food#rt-january</a> we would like you to design a seasonal meal using the vegetables in the link above.</p> <p>Here are some examples of seasonal recipes, maybe your favourite is among the list,  <a href="https://www.bbcgoodfood.com/recipes/collection/january-recipes">https://www.bbcgoodfood.com/recipes/collection/january-recipes</a>  <a href="https://www.bbcgoodfood.com/recipes/collection/february-recipes">https://www.bbcgoodfood.com/recipes/collection/february-recipes</a></p> <p>Your design will need to include: a title, and image or drawing of your seasonal meal, label your image with the ingredients.</p> <p><b>Challenge!</b>  Make your seasonal meal and write a sentence explaining why you enjoy it and what ingredients are seasonal.</p> <p><b>Parent/carer signature and date:</b>  .....</p>	<p style="text-align: center;"><b>Task Eight</b></p> <p>Build a 3D model of a planned settlement. It could be of London Colney. How can you show the varying heights of land?</p> <p>Think about what settlers need: shelter, food, water, fuel, defence, materials, farmland, transport links, power supply and healthcare. Can you use only recycled materials?</p> <p><b>Challenge!</b>  Write a short speech to persuade an audience that your settlement will be the most attractive place to live.</p> <p><b>Parent/carer signature and date:</b>  .....</p>

